

# Greater Northwest Region

## Summer Conference

Summer Conference is upon us and we have an exciting agenda set up for leadership training, chapter development, awesome presentations, and a college fair featuring [Pacific Lutheran University](#), [Northeastern University](#), [Evergreen State College](#) and more! Two days of PTK activities are sure to build confidence for the chapter! Plus, you will take part in election of your new regional officers!

The agenda, hotel information, registration information, regional officer candidates, and our keynote speaker information can all be found in this newsletter. Also attached is the region's current budget information including grants and alumni accounts.

Be sure to get registered for the conference by July 16<sup>th</sup>. A link for registration can be found below or on the regional website [GreaterNWPTK](#)

### Conference Time and Location:

July 28-29

Skagit Valley Community College

2405 E. College Way, Mt Vernon, WA 98273

#### Regional Team

##### Contact Information

#### Regional President:

Scott Nelson

[Snelson@my.ghc.edu](mailto:Snelson@my.ghc.edu)

#### District I VP:

Veronica Carpenter

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#### District II VP:

Leroy Rowe

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#### District III VP:

Kara Roadruck

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#### District IV VP:

Cameron Mings

[cmings7449@mysvc.skagit.edu](mailto:cmings7449@mysvc.skagit.edu)

#### District V VP:

Ezra Llewellyn

[ezradllewellyn@fvcc.edu](mailto:ezradllewellyn@fvcc.edu)

#### Regional Coordinator:

Dr. Tomas Ramos

[tamos@tacomacc.edu](mailto:tamos@tacomacc.edu)

#### Assoc. Regional Coordinator:

Dr. Theresa Ramos

[ttramos@tacomacc.edu](mailto:ttramos@tacomacc.edu)

## Keynote Speaker: Tracey Whybrow



Tracey Whybrow is a Communication Consultant specializing in both personal and professional communication strategies. Her goal is to impart education to address the critical need and growing desire for healthy work environments and positive, fulfilling relationships.

Her teaching philosophy is that communication instruction must contain "real life" practical applications. These applications must include tools and techniques that can be utilized to positively impact our common, everyday communications events.

Currently, Tracey teaches at Spokane Falls Community College as well as Washington State University's College of Pharmacy. She has speaking experience in local, regional, and national conferences, as well as in seminar, workshop and individual settings.

*"One of the concepts that I focus on with my students, as well as groups that I present to, is the concept and theory of "Internal dialogue." Each and every time we enter into a communication event, we bring every experience, viewpoint, struggle, success, prejudice, preconception, etc. into that experience. We often do not realize that the dialogue we hear in our heads represents our past which directly affects our present as well as our future. By using communication strategies, individuals can learn to minimize the negative impacts of internal dialogue. This opens up the avenues of communication and helps expand knowledge and horizons and allows us to engage positively with our fellow human beings."*



## Summer Conference Hotels and Registration

July 28-29, 2018

Cost of registration \$90.00

### Summer conference registration

#### Holiday Inn Express Hotel & Suites

900 Andis Road  
Burlington, WA 98233  
Phone # 360-755-7338  
Fax # 360-707-2111  
Rate: \$149.00

#### Hampton Inn & Suites Burlington

1860 South Burlington Boulevard  
Burlington, Washington 98233  
Phone # 360-757-7100  
Fax# 360-757-7117  
Rate: \$169.00

### Top 7 reasons to attend the summer conference at Skagit Valley:

1. Learn how to improve your scores for your Honors In Action and your College Project
2. Attend a College Fair
3. 5-star chapter development
4. Regional officer elections
5. Fellowship, leadership skills, and networking
6. Awesome keynote speaker
7. Fundraiser tips to get your chapter to Catalyst 2019 in Orlando, Florida

**SUMMER REGIONAL LEADERSHIP CONFERENCE AGENDA****July 27th Friday:** Evening Pre Conference

6:30 P.M. - 8:30 P.M. \*Regional candidates, officers and chapter officers Leadership training

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**July 28th Saturday:**

8:30 A.M. - 9:00 A.M. Check in - Breakfast

9:00 A.M. - 9:15 A.M. Welcome and Ice breaker

9:15 A.M. - 10:20 A.M. Tracey Whybrow Communications professor, Keynote Speaker

10:30 A.M. - 11:20 A.M. Presentation of Candidates for regional office

11:30 A.M. - 12:00 P.M. Fundraising presentation / COLLEGE FAIR

12:00 P.M. - 1:00 P.M. Lunch

1:00 P.M - 2:30 P.M. Regional Officers' Presentations (3 sessions, members rotate) / Advisor Meeting

1. Honors Institute report
2. Competitive Edge
3. 5-star chapter development

2:45 P.M. - 3:20 P.M. Headquarters Report on Regional 5-star Development

3:20 P.M. - 4:00 P.M. Honors In-Action best practices

4:00 P.M. - 5:00 P.M. Leadership Activities

5:00 P.M. Dinner

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**July 29th Sunday:**

8:30 A.M. - 9:00 A.M. Breakfast

9:00 A.M. - 9:45 A.M. College Project Best Practices

9:45 A.M. - 10:15 A.M. Business meeting

10:15 A.M. - 10:25 A.M. Voting for candidates

10:25 A.M. - 11:00 A.M. National website resources, Catalyst, Honors Institute, Scholarships

11:00 A.M. - 11:20 A.M. Results and installing regional officers

11:20 A.M. - 12:00 P.M. Meet & greet regional officers. Final announcements (Fall district conference)

12:00 P.M. - Lunch to go / Farewell

\*Leadership training session on Friday will be limited to 25 people. Those interested should email Dr. Theresa Ramos at [ttramos@tacomacc.edu](mailto:ttramos@tacomacc.edu)

## **Regional Officer Candidates**



<b>President:</b>	Carlos Hunt, Clark College Nichole Rich, Grays Harbor College
<b>Vice President District I:</b>	Yu-Kuei Chen, Seattle Central Luliia Dmitrieva, Lake Washington Institute of Technology
<b>Vice President District II:</b>	Sharon Jang, Tacoma Community College Sabrina Li, Pierce College Fort Steilacoom Campus
<b>Vice President District III:</b>	Stephanie Keith, Big Bend Community College
<b>Vice President District IV:</b>	No applicants
<b>Vice President District V:</b>	Deanna Balla, Southern Alberta Institute of Technology

## **Regional Accounts – July 2018**

Region financial account: \$28,018.89

Leadership development grant: \$4,200.00

Regional Coordinator travel grant: \$985.99

Alumni Account: \$700.00





# PHI THETA KAPPA HONORS INSTITUTE

Honors Institute was great this year in Villanova, PA. Amazing speakers, small group leadership development sessions, and guided discussions created a very warm and encouraging atmosphere. The small group sessions allowed many leaders to come together in very diverse groups in order to bond and develop group leadership techniques. A more detailed recap of this year's Honors Institute will be presented at summer conference.



## **SCHOLARSHIP CENTER**

The [Joan Fedor scholarship](#) is still open with a deadline of July 16<sup>th</sup> at 5 p.m. Pacific time. The scholarships honor the quality of work and spirit of success of Joan Fedor, former regional coordinator and adviser from Highline CC. Chapters may nominate one outstanding member who has made a significant contribution to the chapter, college, and/or region. The nominee must be currently enrolled in classes, actively involved in the chapter and maintaining a 3.5 GPA or higher. Students should NOT nominate themselves. Two winners will be announced at the Summer Conference.

Students applying need to provide a two-page, double-spaced essay showing what activities they have worked on with their chapters and how these have made a difference in their group. A letter of recommendation is also required. These can come from a faculty or staff member from the college that speaks to the student's quality of work and / or engagement in the community. Entries can be scanned and sent to [tramos@tacomacc.edu](mailto:tramos@tacomacc.edu)

The PTK [Spring Scholarship Application](#) for students continuing at community college will open in Spring 2019.

The PTK [Fall Scholarship Application](#) for those pursuing a bachelor's degree will open in the Fall.

Another valuable resource for scholarships and information is [www.CollegeFish.org](http://www.CollegeFish.org). CollegeFish can be linked to your PTK profile and will automatically populate much of your information. This website is extremely helpful in finding scholarships outside of what is offered from PTK, as well as it will put you in touch with many other colleges and any opportunities in your area!

Transfer Scholarships and due dates can be found on [CollegeFish.org](http://CollegeFish.org) and PTK scholarship due dates can be found on [www.ptk.org/scholarships.aspx](http://www.ptk.org/scholarships.aspx).

Remember! The only way you are guaranteed NOT to get a scholarship, is if you don't apply! Be proactive and apply today for amazing opportunities!





## Five Star Competitive Edge

Five Star Competitive Edge is a personal development program for Phi Theta Kappa members that teach:

- Career Development Plan
- Scholarships
- Resume Writing
- Leadership Styles
- Emotional Intelligence
- Collaboration
- Etiquette Skills
- Professional Development

There are five levels to complete! Can you do it? Get an edge with [Five Star Competitive Edge!](#)

Stuck on a Star? Not sure how to deal with the Case Study? We can help!

Be sure to reach out to your Regional Team for any help or questions regarding Five Star Completion! Any Officer would be more than happy to offer any advice, or just get you on the right track for completion.